



How to
Heal Yourself
When No One Else Can

.....
A Total Self-Healing Approach
for Mind, Body & Spirit
.....

AMY B. SCHER

"Amy has seen the truth and can be a coach to all those who seek healing and authenticity."—**Bernie Siegel, MD**, bestselling author of *Love, Medicine, & Miracles* and *The Art of Healing*

Heal Yourself The European Way

H Kauffman



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