

Head to Toe Assessment

(max 15 minutes)

INTRODUCTION/Neurological

1. Introduce self/instructor
2. Explain actions
3. All equipment in order
4. Hand Hygiene/Wash Hands
5. Provide safety/Floor Clear/Turn on Lights
6. Provide Privacy
7. **Oriented x3**
Verify pt name and DOB/ Time/Place/Being seen for?
8. Have patient smile.

UPPER EXTREMITIES:

1. Hands push, pull, and squeeze.
2. Palpate arms for lesions, scars, rashes, bruising, and IV.
3. Capillary reflex of fingers
4. Check Radial Pulses (both)
5. Check Temperature of skin

EYES: SYMMETRICAL

1. Examination of eye w/pen light
 - o Check conjunctiva, sclera, cornea
 - o PERRLA -Pupil, Equal Round, Reactive Light Accommodation
 - o WHISKERS- Six Cardinal Positions

HEAD:

1. Use of breathing aids (say "No breathing aids".
2. Level of consciousness
3. Health of teeth/gums/mucous membranes.
4. Assessment of skin, condition of hair and nails
 - o Scalp: no bumps, nits, lesions
 - o Palpate skull for tenderness
 - o Symmetrical facial movements

TUBES

1. Presence or absence of aids for eating (Say no Presence of tubes, IVs, TPN, NGT)
2. Identify presence of IV Site/Condition and type of solution.

HEART AND LUNGS

1. Ratio and pattern of breathing/inspect thoracic (symmetry/assessor muscles)

2. Auscultation of breath sounds anterior and posterior



3. Location of heart valves Auscultation of heart sounds (bell and diaphragm)



VITAL Signs

4. Assess pain on scale 1-10: _____
5. Assess Vital Signs:
 - a. Temperature _____ (C or F)
 - b. Blood Pressure (which arm, sitting/lying/standing?)
 - c. Heart Rate _____
 - d. Respirations _____
 - e. O2 Sat % _____

ABDOMEN

1. Abdominal assessment inspection: Symmetry/Distention/Masses
2. Auscultation of bowel sounds and quality
3. Assessment of bowel function: (last bowel movement, consistency, etc)
4. Assess of elimination patter (if Foley catheter, note color and amount of urine)

PERIANAL AREA

1. Assessment of perineum
2. Assessment of buttocks

UPPER EXTREMITIES

1. Palpation of pedal pulses and check for capillary refill
2. Presence or absence of edema notes (peripheral, sacral)
3. Assessment for signs of deep vein thrombosis
4. Test of strength of legs (push and pull)

Completion

1. Assessment <15 minutes
2. Systemic write-up (write below)

Head To Toe Assessment Child 4

S Baum



Head To Toe Assessment Child 4:

Head To Toe Assessment Child 4 Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Head To Toe Assessment Child 4**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we will delve to the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

https://cheaperseeker.com/data/Resources/Documents/Trane_Ycx030_Manual.pdf

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