



Painted by John Atkinson

Shell guide to ESSEX



Water is from, even in the lowland. That is the pattern of Essex. Coastlands slope very gently to estuaries, sea-walls, saltings, and white wooden-boarded quays where the wheat was grown, in this rather westerly county of low and lacy moors shading off into the North Sea. The East Saxons, or "East Essex"—before the name Essex—meant that sea with their rivers and channels and coasts such as they, some 1,000 years ago. On now comes the sea to Shell Haven. Others in the foreground tell of more ancient history, of the British, then the Romans at Camulodunum or Colchester. Here are ruins (a) of King Camulphelm or Cymbelin, situated at Camulodunum, which he made the chief city of all Britain in the years before the Roman invasion of A. D. 43. Here, too, is a pig (z) from a stork's house of A. D. 45-50. Also a crystal of sea-salt (c) as symbol of the most ancient industry of Essex, the making of salt by pouring sea-water over hot carboniferous beds. This industry of King Cymbelin's sea has left curious "Red Hills" or British mounds of red sand sometimes greenish debris on the coastal fens lands, particularly along the Blackwater Estuary. From the new city which the Romans called Colonia Victricensis, came the carving of a sphinx (d). The East Saxons renamed the Roman city "Colchester", the "Roman city on the Colne". Even in Roman times the Colne had both famous for oysters. The Silver Oyster (e) in the picture belongs to Colchester Corporation, and was made as the official standard of the size the Colne oysters must reach before they are gathered. Nearby are two wild flowers of the Essex saltings, Sea Lavender (h) and Sea Aster (i). Inland the clays of Essex are celebrated for hornbeam trees (k) (pollarded hornbeams are characteristic of Epping Forest, from the glades of which the poet John Clare used to see London "like a stork among the hills") and for the true Holly (l) of woods and copes, which is rather larger and more palid than the Cowslip. Notice on the right the ivy-leaves (m), which are common above the roofs of some of the older houses along the Essex coast.

The "Shell Guide to Wild Life", a monthly series depicting animals and plants in their natural surroundings, which gave pleasure to so many people, is published in book form by Phoenix House Ltd at 7/6. The "Shell Guide to Trees" and "Shell Guide to Flowers of the Countryside" are also available at 7/6 each. On sale at bookshops and bookstalls.

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