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O García



Getting Physical:

Spectacular Bodies Yvonne Tasker, 2012-10-02 While films such as Rambo, Thelma and Louise, and Basic Instinct have operated as major points of cultural reference in recent years, popular action cinema remains neglected within contemporary film criticism. *Spectacular Bodies* unravels the complexities and pleasures of a genre often dismissed as obvious in both its pleasure and its politics, arguing that these controversial films should be analysed and understood within a cinematic as well as a political context. Yvonne Tasker argues that today's action cinema not only responds to the shifts in gendered sexual and racial identities which took place during the 1980s but reflects the influences of other media such as the new video culture. Her detailed discussion of the homoeroticism surrounding the muscleman hero, the symbolic centrality of blackness within the crime narrative, and the changing status of women within the genre addresses the constitution of these identities through the shifting categories of gender, class, race, sex, sexuality, and nation. *Spectacular Bodies* also examines the ambivalence of supposedly secure categories of popular cinema, questioning the existing terms of film criticism in this area and addressing the complex pleasures of this neglected form.

What Do Pictures Want? W. J. T. Mitchell, 2013-12-23 Why do we have such extraordinarily powerful responses toward the images and pictures we see in everyday life? Why do we behave as if pictures were alive, possessing the power to influence us, to demand things from us, to persuade us, seduce us, or even lead us astray? According to W. J. T. Mitchell, we need to reckon with images not just as inert objects that convey meaning but as animated beings with desires, needs, appetites, demands, and drives of their own. *What Do Pictures Want?* explores this idea and highlights Mitchell's innovative and profoundly influential thinking on picture theory and the lives and loves of images. Ranging across the visual arts, literature, and mass media, Mitchell applies characteristically brilliant and wry analyses to Byzantine icons and cyberpunk films, racial stereotypes and public monuments, ancient idols and modern clones, offensive images and found objects, American photography and aboriginal painting. Opening new vistas in iconology and the emergent field of visual culture, he also considers the importance of Dolly the Sheep, who as a clone fulfills the ancient dream of creating a living image, and the destruction of the World Trade Center on 9/11, which among other things signifies a new and virulent form of iconoclasm. *What Do Pictures Want?* offers an immensely rich and suggestive account of the interplay between the visible and the readable. A work by one of our leading theorists of visual representation, it will be a touchstone for art historians, literary critics, anthropologists, and philosophers alike. A treasury of episodes generally overlooked by art history and visual studies that turn on images that walk by themselves and exert their own power over the living.

Fitness Fiesta! Petra R. Rivera-Rideau, 2024-08-23 As a fitness brand, Zumba Fitness has cultivated a devoted fan base of fifteen million participants spread across 180 countries. In *Fitness Fiesta!*, Petra R. Rivera-Rideau analyzes how Zumba uses Latin music and dance to create and sell a vision of Latinness that's tropical, hypersexual, and party-loving. Rivera-Rideau focuses on the five tropes that the Zumba brand uses to create this Latinness: authenticity, fiesta, fun, dreams, and love.

Closely examining videos ads memes and press coverage as well as interviews she conducted with instructors Rivera Rideau traces how Zumba Fitness constructs its ideas of Latinx culture by carefully balancing a longing for apparent authenticity with a homogenization of a marketable south of the border style vacation She shows how Zumba Fitness claims to celebrate Latinx culture and diversity while it simultaneously traffics in the same racial and ethnic stereotypes that are used to justify racist and xenophobic policies targeting Latinx communities in the United States In so doing Rivera Rideau demonstrates not only the complex relationship between Latinidad and neoliberal postracial America but also what that relationship means for the limits and possibilities of multicultural citizenship today

PCOS For Dummies Gaynor Bussell, Sharon Perkins, 2026-02-20 Answers to your questions about polycystic ovarian syndrome PCOS For Dummies 2nd Edition is a trustworthy resource for information on polycystic ovarian syndrome a condition caused by hormone imbalance Many cases of PCOS go undiagnosed learn to spot the symptoms and get tested If you've been diagnosed this book helps you consider available treatment options including both traditional medical treatments and alternative therapies It also debunks common myths and misinformation This reliable guide helps you manage symptoms reduce your risk of complications and find a path forward Inside Learn about PCOS including symptoms causes treatments and long term effects Find doctors and organizations that can support you on your health journey Find out what diet and lifestyle changes you can make to reduce symptoms and feel your best Discover new medications fertility treatments and more for PCOS Anyone living with PCOS or supporting a loved one who has it can benefit from PCOS For Dummies 2nd Edition

Bulletin, 1921 *Back Pain Remedies For Dummies* Michael S. Sinel, William W. Deardorff, 2011-05-12 Get back in control of your back pain Back pain is such a common condition that many doctors and researchers consider the complaint a normal part of life similar to having an occasional cold or flu If you are a back pain sufferer you are not alone Back pain affects more than 80 percent of the population at some time during their lifetime Back pain is second only to the common cold as a reason for visits to the doctor and it is second only to childbirth as a reason for hospitalization Approximately 50 percent of the working population reports back problems every year The total medical cost of back pain exceeds 20 billion dollars a year in the United States Back Pain Remedies For Dummies takes a holistic approach to back pain prevention and treatment Exploring the therapeutic options from conventional medicine to popular alternative treatments this patient friendly guide gives you a heads up on how to relieve pain now and avoid future injuries plus Boning up on your spinal column's pieces and parts Uncovering some conditions that cause back pain Examining the lineup of doctors who treat what ails your back Taking your pain lying down or not Giving weight to alternative therapies including yoga acupuncture and imagery exercises Promoting the importance of good posture Returning to work and play with a healthy outlook Saying yes to sex after a back injury As you try to manage your back pain problem and investigate various treatment approaches you can help yourself by being assured and hopeful that you can remedy your problem This reliable reference gives you plenty to reason to believe that back pain does get better and

successful treatment is possible You can expect to find the best treatment for your back problem when you have some understanding of who treats back pain how he or she treats it and why using a multidisciplinary approach is important all of that awaits in *Back Pain Remedies For Dummies* **Raising Smart Kids For Dummies** Marlene Targ Brill, 2011-04-22 So you wanna turn Junior into a smarty pants What parent doesn't think is kids nowadays are more independent than ever and aren't always receptive to what parents want In fact if you tell your kids that studying is good for them they're more than likely to mumble Yeah sure in your general direction and head off to do something fun Sharpening the minds of your youngsters presents more challenges than climbing Mt Everest and the responsibility of making your kids use more of their brain cells can be overwhelming even when you don't encounter resistance Raising smart kids requires long term commitment sacrifice and diligence not to mention the patience of a saint And as long as you don't obsess about being the perfect parent you will be able to enjoy your kids journey of self discovery right along with them But how do you accomplish this How do you overcome the resistance How do you tackle the overwhelming task of not only helping your children succeed in school but also increasing their ability to make their own way in the world That's where *Raising Smart Kids For Dummies* steps in to help Written in easy to understand terms and absolutely no slick psycho babble this book gives you sound advice on encouraging your kids to set their sights high and achieve success whether at school with friends or in your community And you don't have to be a new parent to gain insight from this book experienced parents can reap rewards with the help of this book in their effort to raise fulfilled children Here's just a sampling of what you'll find in *Raising Smart Kids For Dummies* Recognizing the characteristics of smart kids Knowing when to push and when not to Disciplining your kids in a positive way Growing smarter kids from healthier bodies Planning the development of your kids brains From newborns to teenagers Taking your smart kids beyond high school Eliminating brain drain from school skipping drug abuse and raging hormones Top Ten lists of family characteristics that nurture smart kids what smart kids read and resources for bolstering parents confidence You've heard it said a thousand times The children are the future Children have such potential but rarely live up to it Why take this chance with your own kids Make the commitment to prepare your kids for life on their own With *Raising Smart Kids For Dummies* you too can achieve success and have a little fun along the way *Report of the Inter-Departmental Committee on Physical Deterioration ...* Great Britain. Inter-Departmental Committee on Physical Deterioration, 1904 *Mind and Body*, 1901 *Teaching how to Get and Use Human Energy* Thomas Denison Wood, Marion Olive Lerrigo, 1928 **Municipal Bulletin** Tacoma (Wash.), 1920 **McKissack v. Comprehensive Health Services of Detroit, 447 MICH 57 (1994)**, 1994 96458 *The Faith*, 1912 *The Word*, 1912 *The Parliamentary Debates (official Report)*. Great Britain. Parliament. House of Lords, 1911 Contains the 4th session of the 28th Parliament through the session of the Parliament **Telephony**, 1911 *American Breeders Magazine*, 1916 **Buffalo's Text Book** John F. Barry, Robert W. Elmes, 1924 **Municipal Record** San Francisco (Calif.). Board of Supervisors, 1921 **The Railway and**

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