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The Measurement of Everyday Cognition (ECog): Scale Development and Psychometric Properties

Sarah Tomaszewski Farias and Dan Mungas

Department of Neurology, University of California, Davis

Bruce R. Reed

Department of Neurology, University of California, Davis and Veterans Affairs Northern California Health Care System

Deborah Cahn-Weiner

Department of Neurology, University of California, San Francisco

William Jagust

School of Public Health and Helen Willis Neuroscience Institute, University of California, Berkeley

Kathleen Baynes

Department of Neurology, University of California, Davis and Veterans Affairs Northern California Health Care system

Charles DeCarli

Department of Neurology, University of California, Davis

Abstract

This article describes the development and validation of an instrument to assess cognitively mediated functional abilities in older adults, Everyday Cognition (ECog). The ECog is an informant-rated questionnaire comprised of multiple subscales. Confirmatory factor analysis (CFA) was used to examine its factor structure. Convergent validity was evaluated by comparing it to established measures of everyday function. External validity was evaluated by comparing ECog results across different clinical groups (cognitively normal, mild cognitive impairment (MCI), dementia). CFA supported a seven-factor model including one global factor and six domain-specific factors (Everyday Memory, Language, Visuospatial Abilities, Planning, Organization, and Divided attention). The ECog correlated with established measures of functional status and global cognition, but only weakly with age and education. The clinical groups performed differently in each domain. In addition to the global factor, the Everyday Memory factor independently differentiated MCI from Normal, while the Everyday Language domain differentiated Dementia from MCI. Different subtypes of MCI also showed different patterns. Results suggest the ECog shows promise as a useful tool for the measurement of general and domain-specific everyday functions in the elderly.

Keywords

functional impairment; everyday functions; aging; instrument validation; factor analysis

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Correspondence concerning this article should be addressed to Sarah Tomaszewski Farias, Department of Neurology, University of California, Davis, 4860 Y Street, Suite 3700, Sacramento, CA 95817. sarah.farias@ucdavis.edu

Everyday Cognition

R Pring



Everyday Cognition:

Reviewing **Everyday Cognition**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Everyday Cognition**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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