

Cardiac rehabilitation in patients after percutaneous coronary intervention



Patient assessment

- Clinical history
- Physical examination
- Psychological and social aspects
- Blood testing
- Electrocardiogram
- Cardiovascular imaging
- Frailty assessment
- Peak exercise capacity

Physical activity counselling

Exercise training

- Aerobic exercise training
- Resistance exercise training

Education

Weight control management

Risk factors management

Diet counselling

Psychosocial management



Exercise And The Coronary Patient

M Woodhall



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