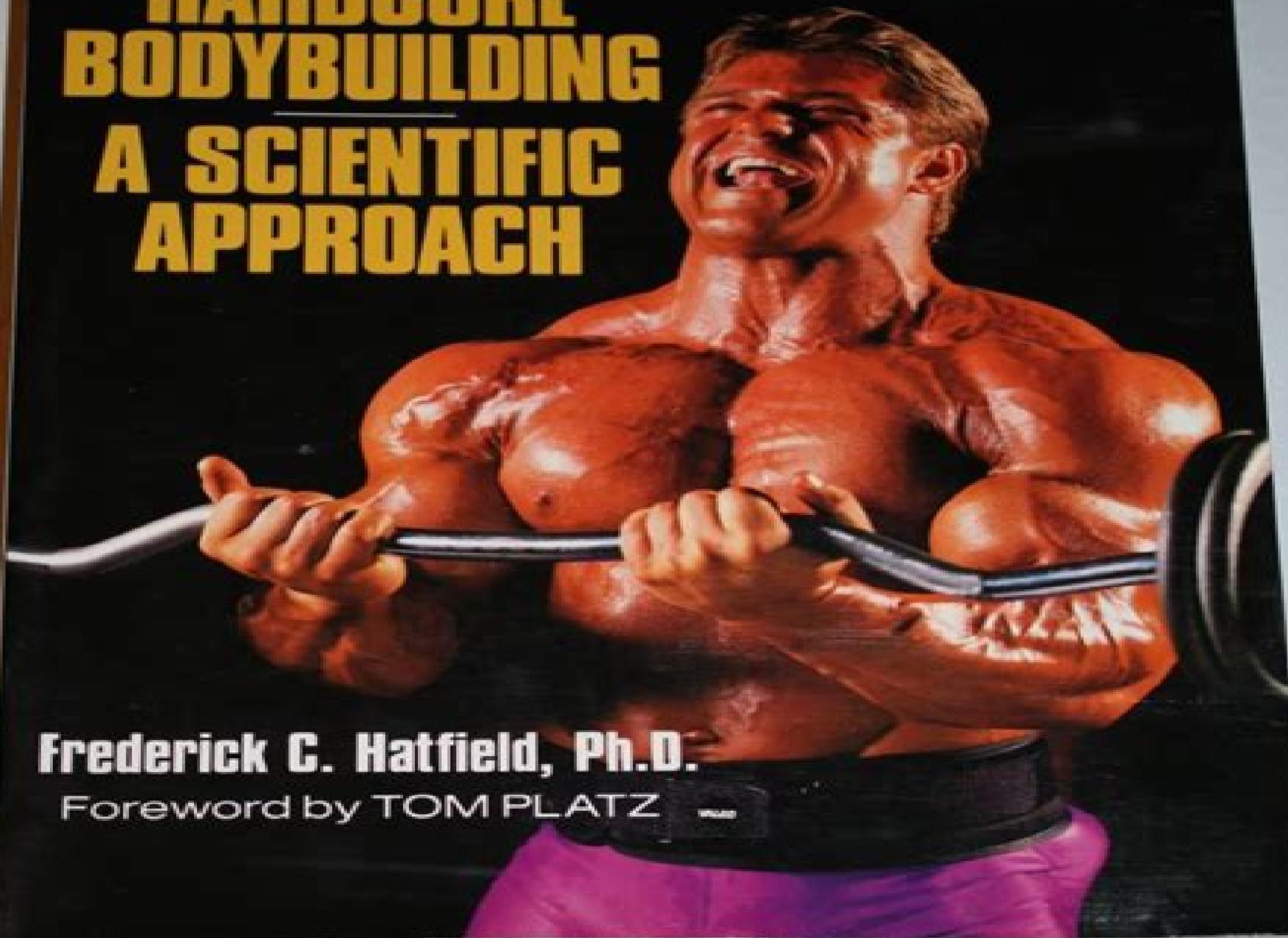


HARDCORE BODYBUILDING A SCIENTIFIC APPROACH



Frederick C. Hatfield, Ph.D.

Foreword by TOM PLATZ

Hardcore Bodybuilding A Scientific Approach

Daniel F McAuley



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