

EMOTIONAL DEVELOPMENT

Emotional development refers to a person's improving ability to recognize, regulate, and express their feelings.

THEORIES

- **Attachment Theory:** Explores how students overcome their attachment to their parents and replace it with self-efficacy, self-confidence, and ability to self-regulate emotions.
- **Psychosocial Theory:** people emotionally develop through a series of stages in life. In each stage, we have a fundamental crisis to overcome.

EXAMPLES

- **Emerging ability to name feelings (7 to 24 months):** Toddlers develop the ability to name feelings like happy, sad, and scared.
- **Declining egocentrism (5 years and up):** Children will slowly move out of egocentric thinking from about age 5 and start to develop perspective-taking and empathy for others' viewpoints.

Emotional Development

SJ Ball



Emotional Development:

Unveiling the Magic of Words: A Review of "**Emotional Development**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Emotional Development**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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