

The Eight Extraordinary Meridians

The confluent (master) points connect the 8 extra (extraordinary) meridians with the 12 main meridians.

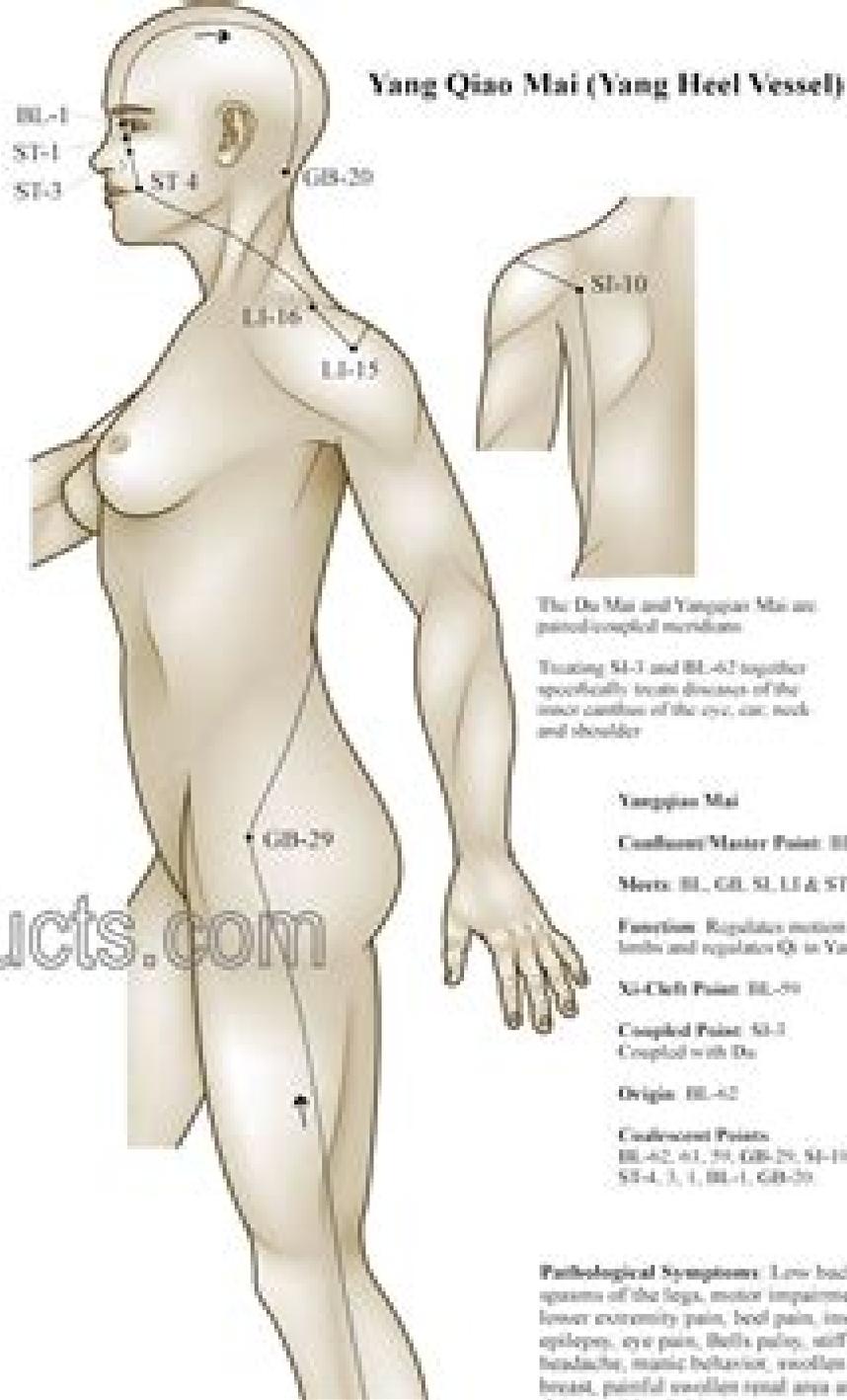
The extraordinary meridians act as reservoirs of Qi. They regulate and promote the circulation of Qi in the body.

Affects the Hormonal System: Yangqiao Mai, Yinqiao Mai, Dai Mai and Chong Mai

Affects the Nervous System: Du Mai, Ren Mai, Yangwei Mai and Yinwei Mai

Coupled Paired Meridians	Eight Extraordinary Meridians				
	Master →	Location & Primary	Coupled Pt.	Xi-Cleft	Luo
Ren (CV)	LU-7	Hand (-)	KI-6	-	CV-15
Yin Qiao	SI-1	Hand (-)	KI-8	-	-
Du (GV)	SI-3	Hand (-)	BL-62	-	GV-1
Yang Qiao	BL-62	Foot (+)	SI-3	BL-59	-
Dai (GV)	GB-41	Hand (-)	GB-41	GB-35	-
Yang Wei	TW-5	Hand (-)	GB-41	GB-35	-
Chong	SP-4	Foot (-)	P-6	-	-
Yin Wei	P-6	Hand (-)	SP-4	KI-9	-

Coupled Paired Meridians	Areas of Effect
Ren (CV)	Face, throat, chest, lungs, abdomen. Endocrine, urinary and digestive systems.
Yin Qiao	Face, eyes, throat, chest, lungs, abdomen, medial legs. Respiratory, nervous, skeletal and digestive systems.
Du (GV)	Head, neck, back, posterior legs, spinal cord, brain. Nervous and muscular systems.



The Du Mai and Yangqiao Mai are paired/coupled meridians.

Treating SI-7 and BL-62 together specifically treats diseases of the inner canthus of the eye, ear, neck and shoulder.

Yangqiao Mai

Confluent/Master Point: BL-62

Merits: BL, GB, SI, LI & ST meridians

Function: Regulates motion of the limbs and regulates Qi in Yang mai

Xi-Cleft Point: BL-59

Coupled Point: SI-3
Coupled with Du

Origin: BL-62

Confluent Points: BL-62, 61, 59, GB-20, SI-10, LI-15, ST-4, 3, 1, BL-1, GB-20

Pathological Symptoms: Low back pain, spasms of the legs, motor impairment of lower extremity pain, heel pain, incoordination, eye pain, Bell's palsy, stiff neck, headache, manic behavior, swollen & painful breast, painful swollen spinal area and

Eight Extraordinary Meridians

CH Cherryholmes



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