

HEAVY MENTAL

Überwinden, fehlerhafte Technik, Streit mit dem Kollegen ... stellen Sie die Bedingungen am Arbeitsplatz ab, die sich dauerhaft negativ auf Ihre Gesundheit auswirken. Wie Sie das machen? Nehmen Sie das Arbeitssystem unter die Lupe!

ARBEITSZEIT

- Wichtige kritische Bedingungen
- ungleiche Arbeitslast in verschiedenen und anderen der Klasse
 - Überstunden (20 Stunden täglich)
 - Arbeitszeit in Form von Feiertagen
 - Nachtarbeiten
 - Arbeitszeit ist nicht flexibel
 - keine ausreichende Pausen

ARBEITSORGANISATION

- Wichtige kritische Bedingungen
- keine Arbeitszeiten, keine Entlastung
 - unklare Verantwortlichkeiten (z.B. wer, was, wo, wann, wie)
 - unklare Verantwortlichkeiten, unklare Zuständigkeiten und Ansprechpartner

SOZIALE BEZIEHUNGEN

- Wichtige kritische Bedingungen
- Konflikte mit Kollegen und Vorgesetzten
 - Führungsstile geben keine Rückmeldung
 - kein Unterstützungswort, keine Kommunikation
 - mangelnde Unterstützung

ARBEITSUMWELTE

- Wichtige kritische Bedingungen
- geringe, unzureichende
 - zu wenig geschult, keine
 - mangelnde Unterstützung
 - schlechte soziale Unterstützung
 - mangelnde Unterstützung

BEWERTUNG

- Wichtige kritische Bedingungen
- unklare und überflüssige Regeln und Verfahren
 - unklare Verantwortlichkeiten
 - keine Rollen auf dem Arbeitsplatz

ARBEITSMITTEL

- Wichtige kritische Bedingungen
- Mangelnde Software, Maschinen etc. fehlen
 - mangelnde Arbeitsmittel
 - zu langsam und unkomplexe Befehlsgebung

ARBEITSLAST

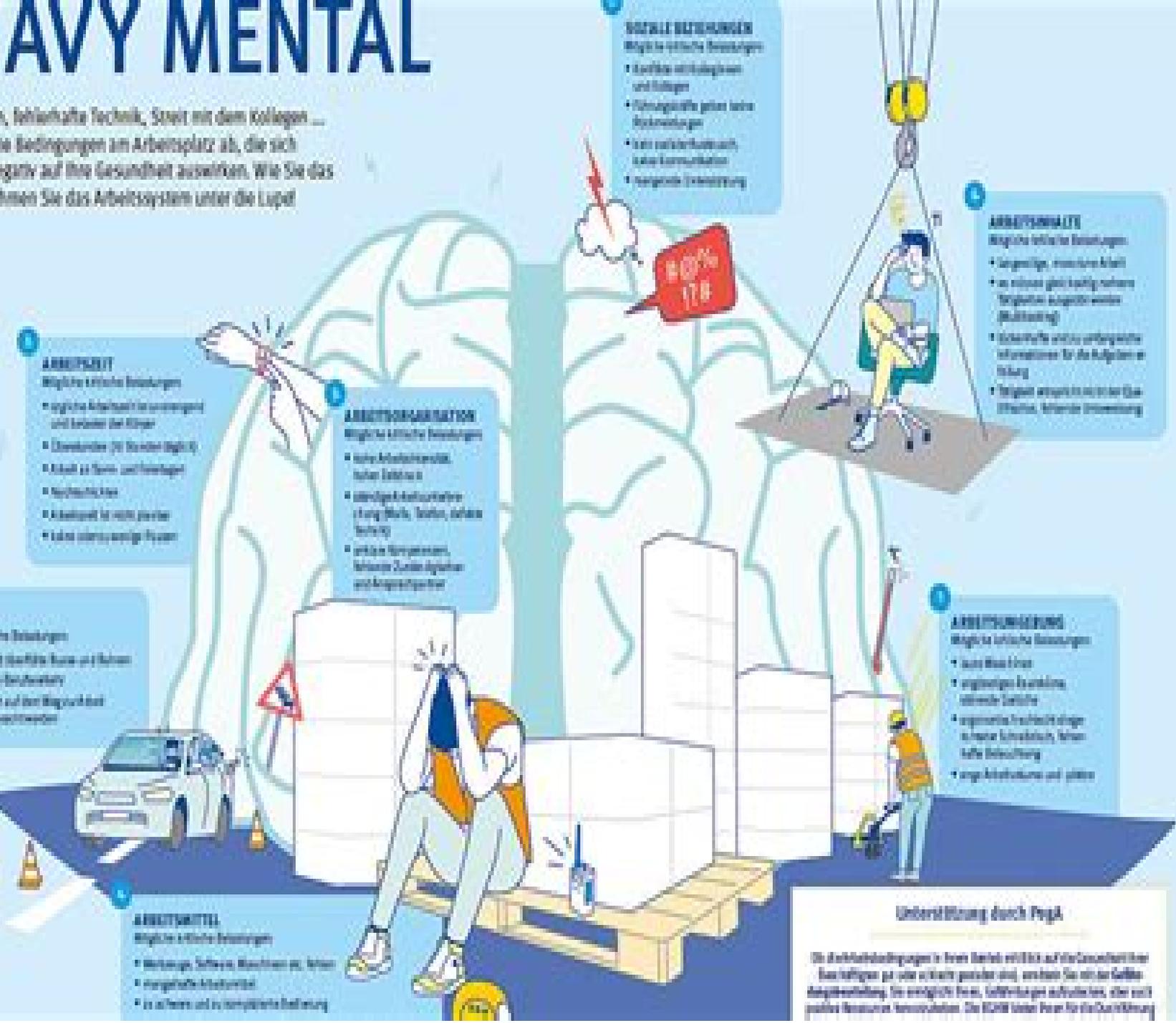
- Wichtige kritische Bedingungen
- keine Rollenklarheit
 - unklare Verantwortlichkeiten
 - unklare Verantwortlichkeiten
 - unklare Verantwortlichkeiten

Unterstützung durch Pega

Die Arbeitsbedingungen in Ihrem Betrieb werden auf die Gesundheit Ihrer Beschäftigten genauso wichtig sein, wie Sie es für Ihre Selbstverwirklichung sind. Wir sind hier, um Ihnen die besten Ressourcen bereitzustellen. Die Welt ist ein Ort für die Gesundheit.



Überprüfen Sie den Zustand und den Inhalt der Daten, die Sie in Ihrem System haben. Sie können sich Hilfe anfordern.



Heavy Mental

SA Adler



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